

Prince Edward Island Alliance for Mental Well-Being and the Brain Story

The Government of Prince Edward Island has formalized support of the Brain Story Certification Course for frontline workers as part of their Health and Wellness Mandate Letter. As part of this mandate, the PEI Alliance for Mental Well-Being has been provided \$250,000 to facilitate uptake of the Brain Story with social workers, healthcare professionals, correctional workers, police officers, and anyone who works with vulnerable Islanders.

The PEI Alliance for Mental Well-Being is an independent and incorporated non-profit organization mandated to create conditions for positive change that advance resiliency and improve the mental well-being of all Islanders. They aim to ensure all people living in Prince Edward Island have an equal opportunity to achieve and maintain the best possible mental well-being throughout their lifetime.

We are excited to continue our collaboration with the province and the PEI Alliance for Mental Well-Being and are looking forward to more opportunities for connection!



[READ THE PEI HEALTH AND WELLNESS MANDATE LETTER](#)



Peikani Nation Resilience Day

We were so pleased to be invited by the Peigan Board of Education to facilitate a Resilience Day for the Piikani Nation and surrounding communities. In attendance were 100 community members and leaders in education,

social services, healthcare, justice, and community services. Thank you to Ramona Big Head, Assistant Superintendent of the Peigan Board of Education, and her staff for making possible this day of collaboration and sharing.

Guests at the Resilience Day received the Resilience Scale Masterclass training, including a chance to practice creating a Resilience Scale for an individual and discussing the application of the Brain Story and the Resilience Scale within their organizations while identifying potential partners and collaborators in their community.

Thank you to everyone who joined us for the Piikani Nation Resilience Day!



The Brain Story in Practice

A recent review article from Queensland University of Technology outlined the connection between understanding the neuroscience of brain development and improving outcomes for children and families in pediatric intensive care (PICU).

The Brain Story Certification Course and our partnership with the Australia Research Alliance for Children and Youth (ARACY) was referenced as a recommended resource for PICU staff to complete. The authors stated that a PICU priority must be to transform knowledge about early childhood development into interventions that support positive outcomes for children and families.

Long DA, Waak M, Doherty NN, Dow BL. Brain-Directed Care: Why Neuroscience Principles Direct PICU Management beyond the ABCs. Children. 2022; 9(12):1938.

[READ THE ARTICLE](#)

Upcoming Resilience Days

You are invited to attend one of our upcoming Resilience Days in Alberta! The day will include the Resilience Scale Masterclass, practice with the Resilience Scale tool, as well as opportunities for connecting with similar organizations from your community.

Resilience is the ability to adapt and remain healthy in the face of adversity and can be strengthened or weakened over time in response to our experiences. The Resilience Scale tool developed by the Palix Foundation (AFWI) helps to illustrate how three factors interact to determine resilience: adversities, positive supports, and skills and abilities.

We welcome you to share these registration links within your network. We hope to see you at an upcoming Resilience Day!

Stony Plain Resilience Day

Friday, September 15th, 2023

10:30am - 3:00pm

Partner: Alberta Parenting for the
Future Association



Alberta Parenting
for the
Future Association

**RSVP FOR THE STONY PLAIN
RESILIENCE DAY**

Cochrane Resilience Day

Monday, September 25th, 2023

12:30pm - 4:00pm

Partner: Cochrane & District Youth
Justice Committee



**RSVP FOR THE COCHRANE
RESILIENCE DAY**

