

ARACY Statement of Cooperation

We are excited to announce a Statement of Cooperation signed between the Palix Foundation and the Australian Research Alliance for Children & Youth (ARACY). This establishes a two-year collaborative relationship to contribute to lifting wellbeing outcomes of children, young people, and caregivers through the Alberta Family Wellness Initiative (AFWI) and ARACY's Thriving Queensland Kids Partnership.

The Palix Foundation and ARACY are mindful of the benefits of positive and productive relationships, and of building evidence, experience, and momentum for change across systems, sectors, agencies and communities.

We look forward to continuing our collaboration with ARACY to catalyze systems and build capabilities for resilience (reduce adversities, add positive supports, and improve skills and abilities) to change the outcomes for children and young people to thrive.



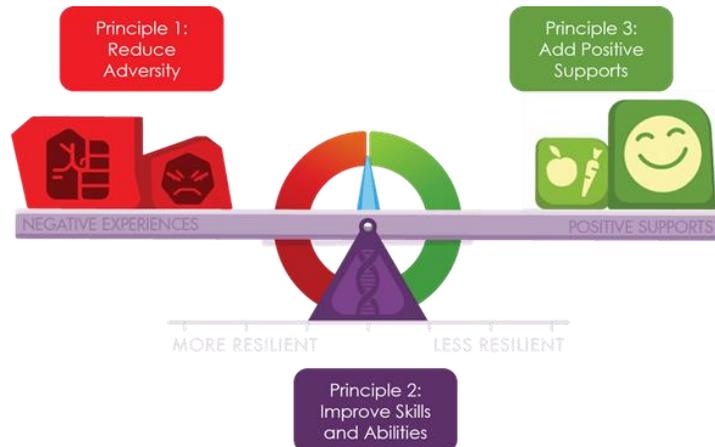
Resilience Days in Alberta

We took the month of May to travel to Canmore and Red Deer, visiting nearly 100 community members and leaders in social services, education, healthcare, government, justice, and community services for a day of

resilience training. Thank you to the Family Connection Centre in Canmore and Red Deer Polytechnic and the Central Alberta Child Advocacy Centre in Red Deer for making possible these two days of collaboration and knowledge sharing.

Participants at both events received the Resilience Masterclass training, consisting of What do Individuals Need?, What do Organizations do?, and What does the System Have?. Two working sessions throughout the day had participants practice creating a Resilience Scale for an individual as well as discussing application of the Brain Story and the Resilience Scale within their organizations and identifying potential partners and collaborators in their community.

Thank you to everyone who joined us for the Canmore and Red Deer Resilience Days!



Virtual Resilience Masterclass June 13th, 2023

Join us for a virtual Resilience Masterclass on June 13th from 1:00pm - 3:30pm MDT.

Resilience is the ability to adapt and remain healthy in the face of adversity and can be strengthened or weakened over time in response to our experiences. The Resilience Scale tool developed by the Palix Foundation (AFWI) helps to illustrate how three factors interact to determine resilience: adversities, positive supports, and skills and abilities.

Please feel free to share the registration link within your network. We hope to see you on June 13th!

[RESILIENCE MASTERCLASS REGISTRATION](#)