

# TOXIC STRESS CAN DAMAGE THE BRAIN

## ***But Prevention and Repair are Possible If We Work Together***

Exposure to prolonged abuse or chronic neglect, called "toxic stress," can cause physical changes in a child's developing brain similar to faultlines in the earth. Left unchecked, these faultlines can trigger severe problems later in life, including addiction and other mental health problems. Visit us online to learn how we can work together to prevent or repair damage caused by toxic stress.

