

# AFWI Expands Global Collaboration with Queensland, Australia Presentations



From July 9 to 12, 2024, the Alberta Family Wellness Initiative (AFWI) traveled to Queensland, Australia for a series of presentations about the Brain Story and Resilience Scale Framework. Building on a long-standing collaboration, this visit followed a successful trip in 2022 and the participation of Queensland representatives in the recent AFWI Symposium in Calgary.

Hosted by the Thriving Queensland Kids Partnership (TQKP), the six presentations reached over 800 attendees, including clinicians, community leaders, educators, and policymakers. Topics included the application of the Resilience Scale in clinical practice, community initiatives, Indigenous communities, and disaster recovery.

"Our visit reinforced our shared commitment with the TQKP to build resilient communities," said Claire Niehaus, Scientific Associate at AFWI. "This collaboration continues to leverage our collective expertise for a positive impact on lifelong health outcomes."

Roger Meany and Michelle Cole of the TQKP added, "Connecting with Palix has catalyzed new opportunities. We look forward to continuing to share and learn together."

This visit further solidified these global partnerships, and advanced our mission to enhance resilience worldwide. The AFWI would like to thank the TQKP for a warm welcome and continued commitment to furthering the implementation of the Brain Story and Resilience Scale Framework.

## **AFWI Community Updates**



In October, the AFWI is hosting two community updates in Alberta to gather our partners, community leaders, and interested members of the public for an evening of collaboration and sharing.

We will be in Edmonton on October 8, 2024, and Calgary on October 24, 2024 to give a brief update on work being done in Alberta and to share the opportunity to engage like-minded community members in discussions on building community capacity for resilience.

If you are interested in attending in either location, please RSVP using the buttons below. We hope to see you there!

#### **Edmonton Community Update**

October 8, 2024 5:00PM – 7:00PM Fairmont Hotel Macdonald

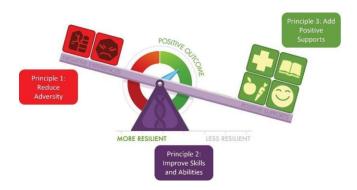
**RSVP HERE** 

#### **Calgary Community Update**

October 24, 2024 5:00PM – 7:00PM Hyatt Regency Calgary

**RSVP HERE** 

### Edmonton Resilience Scale Masterclass



Interested in attending a Resilience Scale Masterclass? Join us on October 8, 2024 from 1:00-4:00pm at the Fairmont Hotel Macdonald in Edmonton!

Resilience can be defined as the ability to respond positively in the face of adversity. The 3-hour Resilience Scale Masterclass explores how adversities, positive supports, and acquired skills and abilities interact to influence resilience and impact lifelong health and mental health outcomes. It provides foundational knowledge and a common language that are accessible across populations and disciplines to communicate key concepts around resilience, track and monitor individual outcomes, and identify areas of support for children, adults, families, and communities.

Please join us in-person for the Resilience Scale Masterclass! You are welcome to share this invitation with others in your network and community.

RSVP FOR THE RESILIENCE SCALE MASTERCLASS

## **Brain Story Certification Course Updates**



We are excited to share that the Brain Story Certification Course has a few new features to enhance your learning experience as you work through the course content. Captions have been added to all videos, as well as the ability to adjust playback speed. Both features are available in the video player menu bar.

A reminder that once enrolled, you have unlimited access to the course, so it is always available for you to review content – even after you've been certified.

Continue your Brain Story journey today or sign up to get started!

**BRAIN STORY CERTIFICATION COURSE**